Congresswoman Lori Trahan proudly serves Massachusetts’ Third District. Growing up in a working family in Lowell, Lori learned the principles of sacrifice, hard work, and grit. Her father was a union ironworker, and her mother, a domestic worker, juggled several part-time jobs while raising Lori and her three sisters.

The first in her family to graduate college, Lori earned a scholarship to play Division 1 volleyball at Georgetown University. Like many, Lori was introduced to public service as a college student in Washington, D.C. After college, she joined former Congressman Marty Meehan’s staff, working her way up to Chief of Staff. She deeply enjoyed working to serve her hometown and people across Massachusetts, but she also witnessed firsthand the increasing partisanship that served wealthy special interests instead of families like the one she grew up in.

Sickened by the deep polarization taking hold of Washington, Lori moved to the private sector as the only female executive at a tech company. Her passion for bringing women into leadership positions led her to co-found a women-owned and -operated consulting firm. In that role, she advised various companies on business strategy and how to create the ideal conditions for employees – especially women – to thrive.

Lori successfully ran for Congress in 2018, motivated to return to public service after seeing the Trump administration’s gridlock and lack of accountability. Sworn in alongside a historically diverse class of new members, Lori immediately got to work for the people of the Third District. Now, as a member of the powerful House Committee on Energy and Commerce, Lori is an advocate for Third District residents, working to expand access to affordable, quality health care, tackle climate change, protect kids online, fight disinformation, and more. To further her ability to drive change on behalf of the hardworking families she represents, Lori secured appointments to the Subcommittees on Health, Consumer Protection and Commerce, and Oversight and Investigations.

When the coronavirus pandemic hit in March of 2020, Lori rolled up her sleeves to deliver essential support to families, frontline workers, small businesses, and
students. She secured hundreds of millions of dollars in federal relief funding to keep workers and businesses afloat, ensure hospitals and health centers remained open, and shorten the Commonwealth’s road to recovery. As vaccines were being distributed, Lori worked around the clock to make sure individual communities had the resources and support necessary to get shots into arms and save lives. Now, as a co-founder of the Pandemic Preparedness Caucus, she’s working to end the United States’ dependence on a foreign supply chain for essential personal protective equipment and ensure that our nation is never caught flat-footed by another pandemic again. As families across the Third District recover, Lori is working to ensure that no one is left behind.